

# AmeriHealth

## 2016 – 2017 Clinical Practice Guidelines Summary\*

### Health Management Clinical Practice Guidelines (CPG)

Condition	Evidence	Reference	URL
Asthma	NHLBI Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma	NIH, NHLBI, NIH Publication No. 08-4051 (2007)	<a href="http://www.nhlbi.nih.gov/health-pro/guidelines/current/asthma-guidelines/index.htm">http://www.nhlbi.nih.gov/health-pro/guidelines/current/asthma-guidelines/index.htm</a>
	NHLBI Asthma Care Quick Reference: Diagnosing and Managing Asthma	NIH, NHLBI, NIH Publication No. 08-4051 (2012)	<a href="http://www.nhlbi.nih.gov/guidelines/asthma/asthma_qrg.pdf">www.nhlbi.nih.gov/guidelines/asthma/asthma_qrg.pdf</a>
	NHLBI Asthma Action Plan	NIH, NHLBI, NIH Publication No. 08-4051 (2007)	<a href="http://www.nhlbi.nih.gov/health/public/lung/asthma/asthma_actplan.pdf">www.nhlbi.nih.gov/health/public/lung/asthma/asthma_actplan.pdf</a>
	Global Strategy for Asthma Management and Prevention (GINA)	Global Initiative for Asthma (2016)	Pocket guide: <a href="http://ginasthma.org/2016-pocket-guide-for-asthma-management-and-prevention/">http://ginasthma.org/2016-pocket-guide-for-asthma-management-and-prevention/</a>
	<i>Beginning in 2016, GINA requires name and email information for free access to references.</i>		Pediatric pocket guide (Children 5 years and younger): <a href="http://ginasthma.org/pocket-guide-for-asthma-management-and-prevention-in-children-5-years-and-younger/">http://ginasthma.org/pocket-guide-for-asthma-management-and-prevention-in-children-5-years-and-younger/</a>
			Full report: <a href="http://ginasthma.org/2016-gina-report-global-strategy-for-asthma-management-and-prevention/">http://ginasthma.org/2016-gina-report-global-strategy-for-asthma-management-and-prevention/</a>  <a href="http://ginasthma.org/2016-online-appendix-global-strategy-for-asthma-management-and-prevention/">http://ginasthma.org/2016-online-appendix-global-strategy-for-asthma-management-and-prevention/</a>
		GINA: At-A-Glance Asthma Management Reference for adults, adolescents and children 6–11 years (2016)	<a href="http://ginasthma.org/2016-at-a-glance-asthma-management-reference/">http://ginasthma.org/2016-at-a-glance-asthma-management-reference/</a>
	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (GOLD)	Global Strategy for Diagnosis, Management, and Prevention of COPD (2016)	Pocket guidelines: <a href="http://goldcopd.org/pocket-guide-copd-diagnosis-management-prevention-2016/">http://goldcopd.org/pocket-guide-copd-diagnosis-management-prevention-2016/</a>
	<i>Beginning in 2016, GOLD requires name and email information for free access to references.</i>		Full guidelines: <a href="http://goldcopd.org/global-strategy-diagnosis-management-prevention-copd-2016/">http://goldcopd.org/global-strategy-diagnosis-management-prevention-copd-2016/</a>
	Asthma COPD and Asthma - COPD Overlap Syndrome (ACOS)(2015)		<a href="http://goldcopd.org/asthma-copd-asthma-copd-overlap-syndrome/">http://goldcopd.org/asthma-copd-asthma-copd-overlap-syndrome/</a>
Chronic Obstructive Pulmonary Disease		COPD Diagnosis and Management At-A-Glance Desk Reference (2016)	<a href="http://goldcopd.org/copd-diagnosis-management-glance-desk-reference-2016/">http://goldcopd.org/copd-diagnosis-management-glance-desk-reference-2016/</a>

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Coronary Heart Disease	The Primary and Secondary Prevention of Coronary Artery Disease, American College of Chest Physicians: 9th Edition	<i>Chest</i> ; 141(2_suppl):e637S-e668S (2012)	<a href="http://journal.publications.chestnet.org/article.aspx?articleid=1159563">http://journal.publications.chestnet.org/article.aspx?articleid=1159563</a>
	AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease: 2011 Update	<i>Circulation</i> ; 124:2458-2473 (2011)	<a href="http://circ.ahajournals.org/content/124/22/2458.full?sid=bf44d8f8-a9f2-4939-b660-22654100d5bd">http://circ.ahajournals.org/content/124/22/2458.full?sid=bf44d8f8-a9f2-4939-b660-22654100d5bd</a>
	ACCF/AHA/AMA-PCPI 2011 Performance Measures for Adults With Coronary Artery Disease and Hypertension	<i>Circulation</i> ; 124:248-270 (2011)	<a href="http://circ.ahajournals.org/content/124/2/248.full?sid=a5fa2760-cbc5-4ae6-88af-aecb5df9761f">http://circ.ahajournals.org/content/124/2/248.full?sid=a5fa2760-cbc5-4ae6-88af-aecb5df9761f</a>
	2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults: Report From the Panel Members Appointed to the Eighth Joint National Committee (JNC 8)	<i>Journal of the American Medical Association (JAMA)</i> ; 311(5):507-520 (2014)	<a href="http://jama.jamanetwork.com/article.aspx?articleid=1791497">http://jama.jamanetwork.com/article.aspx?articleid=1791497</a>
	2012 ACCF/AHA/ACP/AATS/PCNA/SCAI/STS Guideline for the Diagnosis and Management of Patients With Stable Ischemic Heart Disease	<i>Circulation</i> ; 126:e354-e471 (2012)	<a href="http://circ.ahajournals.org/content/126/25/e354.full?sid=074e1639-6f94-473eb9d5-6f1e80a8f609">http://circ.ahajournals.org/content/126/25/e354.full?sid=074e1639-6f94-473eb9d5-6f1e80a8f609</a>
	2014 AHA/ACC Guideline for the Management of Patients With Non-ST-Elevation Acute Coronary Syndromes	<i>Circulation</i> ; 130:e344-e426 (2014)	<a href="http://circ.ahajournals.org/content/130/25/e344">http://circ.ahajournals.org/content/130/25/e344</a>
	2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction	<i>Circulation</i> ; 127:529-555 (2013)	Executive summary: <a href="http://circ.ahajournals.org/content/127/4/529.full?sid=85a40b6b-0dda-479db998-e9d4f46ae5a4">http://circ.ahajournals.org/content/127/4/529.full?sid=85a40b6b-0dda-479db998-e9d4f46ae5a4</a>
		<i>Circulation</i> ; 127:e362-e425 (2013)	Full report: <a href="http://circ.ahajournals.org/content/127/4/e362.full?sid=f968e503-8a29-4f84-9e14-3011e5c1fa2c">http://circ.ahajournals.org/content/127/4/e362.full?sid=f968e503-8a29-4f84-9e14-3011e5c1fa2c</a>
	2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults	<i>Circulation</i> ; 01.cir.0000437738.63853.7a: Published online before print (2013)	<a href="http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437738.63853.7a.full.pdf+html?sid=93eba5c7-e204-4411-a038-5c804d64bbcf">http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437738.63853.7a.full.pdf+html?sid=93eba5c7-e204-4411-a038-5c804d64bbcf</a>
	ACC/AHA/AACVPR/AAFP/ANA Concepts for Clinician–Patient Shared Accountability in Performance Measures	<i>Circulation</i> ; 130:1984-1994 (2014)	<a href="http://circ.ahajournals.org/content/130/22/1984.full.pdf+html">http://circ.ahajournals.org/content/130/22/1984.full.pdf+html</a>

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Coronary Heart Disease (continued)	ACCF/ACG/AHA 2010 Expert Consensus Document on the Concomitant Use of Proton Pump Inhibitors and Thienopyridines A Focused Update of the ACCF/ACG/AHA 2008 Expert Consensus Document on Reducing the Gastrointestinal Risks of Antiplatelet Therapy and NSAID Use: A Report of the American College of Cardiology Foundation Task Force on Expert Consensus Documents	<i>Circulation</i> ; 122:2619-2633 (2010)	<a href="http://circ.ahajournals.org/content/122/24/2619.full?sid=12a81464-a6cd-4103-817d-91ef698bfbc5">http://circ.ahajournals.org/content/122/24/2619.full?sid=12a81464-a6cd-4103-817d-91ef698bfbc5</a>
	Core Components of Cardiac Rehabilitation/Secondary Prevention Programs: 2007 Update (AHA/AACVPR)	<i>Circulation</i> ; 115:2675-2682 (2007)	<a href="http://circ.ahajournals.org/content/115/20/2675.full?sid=6d59c3b1-103b-4790-blac-45291f1c335b">http://circ.ahajournals.org/content/115/20/2675.full?sid=6d59c3b1-103b-4790-blac-45291f1c335b</a>
	AACVPR/ACCF/AHA 2010 Update: Performance Measures on Cardiac Rehabilitation for Referral to Cardiac Rehabilitation/Secondary Prevention Services	<i>Circulation</i> ; 122:1342-1350 (2010)	<a href="http://circ.ahajournals.org/content/122/13/1342.full?sid=bc231b12-2422-4e33-8b3b-a7c1fea45428">http://circ.ahajournals.org/content/122/13/1342.full?sid=bc231b12-2422-4e33-8b3b-a7c1fea45428</a>
	Treatment of Anemia in Patients with Heart Disease: A Clinical Practice Guideline From the American College of Physicians	<i>Annals of Internal Medicine</i> ; 159(11):770-779 (2013)	<a href="http://annals.org/article.aspx?articleid=1784292">http://annals.org/article.aspx?articleid=1784292</a>
	2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk: A Report of the American College of Cardiology/ American Heart Association Task Force Practice Guidelines.	<i>Circulation</i> ; 129:S76-S99 (2014)	<a href="http://circ.ahajournals.org/content/129/25_suppl_2/S76">http://circ.ahajournals.org/content/129/25_suppl_2/S76</a>
Diabetes	Standards of Medical Care in Diabetes — 2016	<i>Diabetes Care</i> ; 39(Supplement 1): S1-S112 (2016)	<a href="http://care.diabetesjournals.org/content/39/Supplement_1">http://care.diabetesjournals.org/content/39/Supplement_1</a>
	Type 1 Diabetes Mellitus and Cardiovascular Disease A Scientific Statement From the American Heart Association and American Diabetes Association	<i>Circulation</i> ; 130:1110-1130 (2014)	<a href="http://circ.ahajournals.org/content/130/13/1110.full.pdf+html">http://circ.ahajournals.org/content/130/13/1110.full.pdf+html</a>
	Cardiovascular Disease Risk Factors in Youth With Diabetes Mellitus	<i>Circulation</i> ; 130:1532-1558 (2014)	<a href="http://circ.ahajournals.org/content/130/17/1532">http://circ.ahajournals.org/content/130/17/1532</a>
	Aspirin for Primary Prevention of Cardiovascular Events in People With Diabetes: A Position Statement of the American Diabetes Association, a Scientific Statement of the American Heart Association, and an Expert Consensus Document of the American College of Cardiology Foundation	<i>Circulation</i> ; 121:2694-2701 (2010)	<a href="http://circ.ahajournals.org/content/121/24/2694.full.pdf">http://circ.ahajournals.org/content/121/24/2694.full.pdf</a>

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Diabetes (continued)	Management of Newly Diagnosed Type 2 Diabetes Mellitus (T2DM) in Children and Adolescents	<i>Pediatrics</i> ; 131:364-382 (2013)	<a href="http://pediatrics.aappublications.org/content/early/2013/01/23/peds.2012-3494.full.pdf+html">http://pediatrics.aappublications.org/content/early/2013/01/23/peds.2012-3494.full.pdf+html</a>
	Management of Type 2 Diabetes Mellitus in Children and Adolescents: Technical Report	<i>Pediatrics</i> ; 131:e648-e644 (2013)	<a href="http://pediatrics.aappublications.org/content/131/2/e648.full.pdf+html">http://pediatrics.aappublications.org/content/131/2/e648.full.pdf+html</a>
	Position Statement – Diabetes Care for Emerging Adults: Recommendations for Transition From Pediatric to Adult Diabetes Care Systems	<i>Diabetes Care</i> ; 34 (11):2477-2485 (2011)	<a href="http://care.diabetesjournals.org/content/34/11/2477.full">http://care.diabetesjournals.org/content/34/11/2477.full</a>
	Oral Pharmacologic Treatment of Type 2 Diabetes Mellitus: A Clinical Practice Guideline From the American College of Physicians	<i>Ann Intern Med.</i> ; 156(3):218-231 (2012)	<a href="http://annals.org/article.aspx?articleid=1033354">http://annals.org/article.aspx?articleid=1033354</a>
	2013 ACCF/AHA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines	<i>Circulation</i> ; 128:1810-1852 (2013) <i>Circulation</i> ; 128:e240-e327 (2013)	Executive summary: <a href="http://circ.ahajournals.org/content/128/16/1810">http://circ.ahajournals.org/content/128/16/1810</a> Full report: <a href="http://dx.doi.org/10.1161/CIR.0b013e31829e8776">http://dx.doi.org/10.1161/CIR.0b013e31829e8776</a>
Heart Failure	Transitions of Care in Heart Failure	<i>Circulation</i> ; Heart Failure; 8:384-409 (2015)	<a href="http://circheartfailure.ahajournals.org/content/8/2/384.full.pdf+html">http://circheartfailure.ahajournals.org/content/8/2/384.full.pdf+html</a>
	Decision Making in Advanced Heart Failure	<i>Circulation</i> ; 125:1928-1952 (2012)	<a href="http://circ.ahajournals.org/content/125/15/1928">http://circ.ahajournals.org/content/125/15/1928</a>
	ACCF/AHA/AMA-PCPI 2011 Performance Measures for Adults With Heart Failure	<i>Circulation</i> ; 125:2382-2401 (2012)	<a href="http://circ.ahajournals.org/content/125/19/2382.full.pdf+html">http://circ.ahajournals.org/content/125/19/2382.full.pdf+html</a>

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Obesity	2013 AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and The Obesity Society	<i>Circulation;</i> 01.cir.0000437739.71477.ee Published online before print (2013)	<a href="http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437739.71477.ee">http://circ.ahajournals.org/ content/early/2013/11/11/01. cir.0000437739.71477.ee</a>
	Office-Based Strategies for the Management of Obesity	<i>American Family Physician;</i> 81(12):1449-1455 (2010)	<a href="http://www.aafp.org/afp/2010/0615/p1449.html">www.aafp.org/afp/2010/0615/ p1449.html</a>
	Clinical Practice Guidelines for the Perioperative Nutritional, Metabolic, and Nonsurgical Support of the Bariatric Surgery Patient — 2013 Update: Cosponsored by American Association of Clinical Endocrinologists, The Obesity Society, and American Society for Metabolic & Bariatric Surgery	American Association of Clinical Endocrinologists (2013)	<a href="http://www.aace.com/publications/guidelines">www.aace.com/publications/ guidelines</a>
	2015-2020 Dietary Guidelines for Americans	USDA, Center for Nutrition Policy and Promotion (2015)	<a href="http://www.cnpp.usda.gov/2015-2020-dietary-guidelines-americans">http://www.cnpp.usda.gov/2015- 2020-dietary-guidelines-americans</a>
	The Role of the Pediatrician in Primary Prevention of Obesity	<i>Pediatrics;</i> 136:e275 -e292 (2015)	<a href="http://pediatrics.aappublications.org/content/136/1/e275.full.pdf+html">http://pediatrics.aappublications.org/ content/136/1/e275.full.pdf+html</a>
	Severe Obesity in Children and Adolescents: Identification, Associated Health Risks, and Treatment Approaches	<i>Circulation;</i> 128:1689-1712 (2013)	<a href="http://circ.ahajournals.org/content/128/15/1689.full.pdf+html">http://circ.ahajournals.org/ content/128/15/1689.full.pdf+html</a>
Renal Disease	A Primary Care-Based, Multicomponent Lifestyle Intervention for Overweight Adolescent Females	<i>Pediatrics;</i> 10.1542; 2011-0863 (2012)	<a href="http://pediatrics.aappublications.org/content/129/3/e611.full?sid=dfbfda99-balb-4dac-84ac-14ef4f6b2517">http://pediatrics.aappublications.org/ content/129/3/e611. full?sid=dfbfda99-balb-4dac-84ac- 14ef4f6b2517</a>
	Screening, Monitoring, and Treatment of Stage 1 to 3 Chronic Kidney Disease: A Clinical Practice Guideline From the American College of Physicians	<i>Ann Intern Med;</i> 159(12):835-847 (2013)	<a href="http://annals.org/article.aspx?articleid=1757302">http://annals.org/article. aspx?articleid=1757302</a>
	KDOQI US Commentary on the 2012 KDIGO Clinical Practice Guideline for the Evaluation and Management of CKD	<i>American Journal of Kidney Disease;</i> 63(5):713-735 (2014)	<a href="http://www.ajkd.org/article/S0272-6386(14)00491-0/pdf">http://www.ajkd.org/article/S0272- 6386(14)00491-0/pdf</a>
	KDOQI US Commentary on the 2012 KDIGO Clinical Practice Guideline for Management of Blood Pressure in CKD	<i>American Journal of Kidney Disease;</i> 62(2):201-213 (2013)	<a href="http://www.ajkd.org/article/S0272-6386(13)00680-X/pdf">http://www.ajkd.org/article/S0272- 6386(13)00680-X/pdf</a>
	KDOQI Clinical Practice Guidelines for Diabetes and CKD: 2012 UPDATE	The National Kidney Foundation Kidney Disease Outcomes Quality Initiative	<a href="https://www.kidney.org/sites/default/files/docs/diabetes-ckd-update-2012.pdf">https://www.kidney.org/sites/default/ files/docs/diabetes-ckd-update-2012. pdf</a>
2006 Updates Clinical Practice Guidelines and Recommendations: Hemodialysis Adequacy, Peritoneal Dialysis Adequacy, Vascular Access			<a href="https://www.kidney.org/sites/default/files/docs/12-50-0210_jag_dcp_guidelines-va_oct06_sectionc_ofc.pdf">https://www.kidney.org/sites/default/ files/docs/12-50-0210_jag_dcp_ guidelines-va_oct06_sectionc_ofc.pdf</a>

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### Behavioral Health Clinical Practice Guidelines (CPG)

Condition	Evidence	Reference	URL
ADHD	Magellan Clinical Practice Guideline for Patients with Attention Deficit/Hyperactivity Disorder	Clinical Practice Guideline for Patients with Attention Deficit/Hyperactivity Disorder (2016)	<a href="http://www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp">www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp</a>
Autism Spectrum Disorders	Introduction to Magellan's Adopted Clinical Practice Guidelines for the Treatment of Children with Autism Spectrum Disorders	Magellan Behavioral Health (2014)	<a href="http://www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp">www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp</a>
	Management of Children with Autism Spectrum Disorders	American Academy of Pediatrics (2007)	
	Identification and Evaluation of Children With Autism Spectrum Disorders	American Academy of Pediatrics (2007)	
Depression	Magellan's Introduction to Its Adopted Clinical Practice Guideline for the Treatment of Patients with Major Depressive Disorder	Magellan Behavioral Health (2015)	<a href="http://www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp">www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp</a>
	Practice Guideline for the Treatment of Patients with Major Depressive Disorder, Third Edition	American Psychiatric Association (2010)	
	For PCPs: Treating Depression in the Primary Care Setting	Magellan Behavioral Health (2015)	
Substance Use Disorders	Introduction to Magellan's Adopted Clinical Practice Guidelines for the Assessment and Treatment of Patients With Substance Use Disorders	Magellan Behavioral Health (2015)	<a href="http://www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp">www.magellanprovider.com/MHS/MGL/providing_care/clinical_guidelines/clin_prac_guidelines/index.asp</a>
	Guideline Watch: Practice Guideline for the Treatment of Patients With Substance Use Disorders, Second Edition	American Psychiatric Association (2007)	
	Practice Guideline for the Treatment of Patients With Substance Use Disorders, Second Edition	American Psychiatric Association (2006)	

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