

Leisure

This activity was originally called "Time of your Life" and developed by Jan Garen and the geography department at Kingsland School in Hackney in 1987. We used it at that time with Year 7. Jan and Graham Garen now run an excellent field studies centre, rare breeds farm and primate rescue centre in the Swansea Valley and you can find out more from their website <<http://www.cefn-yr-erw.co.uk>> which is well worth looking at. We have slightly revised this online version of the activity so that you can adapt it to your own area.

This activity was last updated 10th July 2002.

The webaddress for this activity is <<http://www.collaborativelearning.org/leisure.pdf>>

Leisure

Notes for teachers and students.

When we first developed this activity we wrote to the palace to ask whether our guesses re royal leisure time were accurate enough. We did not receive a reply, so took their silence as an acknowledgement of approval. However, some time has elapsed since then, so you may wish to check, or alter the booklet to include your own estimates.

We have not included our first introductory activity which was a leisure clue cards pairs game (2 pairs of 2 playing together) to match the name of a leisure activity to a picture clue eg maggots and a hook to fishing. soap box to public speaking. You might like to construct your own, or if you write to us we'll post you our version of the activity.

We have also not included our cover for the booklet, a vector/rose chart, nor a key for the categories of leisure activity, which we feel you can construct yourselves. We do include for your interest our brainstormed in 1987 list of leisure activities. You might like to brainstorm your own list, and see what changes have taken place.

Please send any new ideas back to us to add to this activity.

Leisure: alphabetical incomplete list of leisure activities

This list was brainstormed in 1987. What changes have taken place since then?

acting	hang gliding	sailing
archery	hare coursing	scrambling
astronomy	health spas	scuba diving
bellringing	horse riding	sewing
betting	hunting	shooting
bicycling	ice skating	shopping
birdwatching	jogging	sketching
bowling	keep fit	snooker
canoeing	knitting	stargazing
car maintenance	model boat sailing	stately homes
CB radio	modelling	sunbathing
chess	motor racing	swimming
cinema	mountain climbing	tennis
crosswords	music making	theatre
dancing	pets	treasure hunting
darts	photography	TV
do it yourself	picnicking	video
driving	radio	walking
eating out	reading	wargaming
fishing	records	weightlifting
football	roller skating	windsurfing
gardening	rowing	winking
gliding	running	

When you have finished your map extract stick it into your book. Then take this information and transfer it onto your section of the big wall map.

Task A

Take a set of "leisure clue cards". Using the alphabetical list to help you, work out which leisure activities the cards refer to.

Write your list in alphabetical order in your book.

Choose 5 activities to research and write down three facts about each.

Task B

Read the following passage:

"When one looks at how one spends one's time at leisure in the week, one spends about an hour a day walking the corgis round the gardens of the palace. It adds up to seven hours a week.

Then of course, I always give a carrot to my favourite horse. One supposes that that adds up to about an hour and a half a week by the time I have walked myself down to the mews.

I enjoy riding and spend at least four hours a week in the saddle. I also like to watch horse racing. This probably takes up about three hours especially if one of my own horses is running, or my daughter is riding.

Gardening is a favourite hobby of mine. I spend about seven hours a week clipping and pruning my roses. I am also a keen philatelist, and in the evenings I spend an hour a week looking at new stamps.

Another evening pastime of mine is watching re-runs of "Spitting Image" on the video for about two hours a week. I wish there were more films where I come off better than the PM and that character who rules the USA.

Naturally my grandchildren play an important role in my life. I try to spend at least seven hours a week with them."

Task C

You are now going to look at the leisure facilities in the area around your school. Your group will need a map of part the area, a copy of the local yellow pages and as many local guides or newspapers as you can find.

When you have agreed with the other groups about the different categories you can plot the leisure facilities on your bit of the map. When groups have completed all the parts of the map, this can be joined together and displayed on the wall.

We can show this information on a Vector/
Rose chart. Follow all the steps carefully.

Step 1.

Complete a table like this one showing the
queen's leisure activities in a week.

leisure activities	No of hours
Gardening	7
Corgi walking	
Watching horse racing	

Step 2

Take a copy of the partially completed Vector/Rose chart. Study it carefully and fill in the remaining sectors from the information on your table.

As you can see our queen spends approximately 32 hours a week at leisure. She spends on average 50 hours a week working: opening things, waving or walking on red carpets. Domestic duties (eating, dressing, bathing, going to the toilet, powdering your nose etc.) take up around thirty hours. She sleeps eight hours every night.

Step 3 Now it's your turn.

Can you work out how much leisure you have?

On a piece of rough paper work out how many hours there are in a week. Take away from this how many hours you sleep, the number of hours you work (that is school plus homework combined) and how much time you spend on

domestic matters.

The hours you have left are your leisure time. With your group to help remind you, work out what leisure activities you do. Count the number of different activities. This will tell you how many sectors you will need to put on your Vector/Rose chart.

Now work out how many hours a week you spend on each leisure pursuit. Put this information in a table like you did for the queen.

You will now need a compass and a ruler to construct your own Vector/Rose chart.

Step 4

Read this summary and write an accurate version in your books.

I have more/less leisure time than the queen. I do/do not spend my leisure time in the same way as the queen. She works for more/fewer hours than I do. My domestic chores take longer/less time than the queen's.