

OVER 3 1/2 HOURS!



# -Modal Mojo-

**PLAY-ALONG TRACKS**

**Modal Grooves in Jazz, Rock & Fusion**

***Includes 28 Live Extended  
Grooves for Major, Minor and  
Dominant 7th Modes***

**A GREAT LEARNING  
RESOURCE FOR ANY  
LEAD INSTRUMENT**

Don Mock - guitar  
Dave Coleman - drums  
Steve Kim - fretless bass



# ***-Modal Mojo-***

## **Modes Play-Along Grooves in Jazz, Rock and Fusion**



### ***Credits:***

Modal Mojo Tracks recorded at Mock One Productions - Seattle, Washington

Don Mock - Guitar

Steve Kim - Fretless Bass and Keyboards

Dave Coleman - Drums

Audio re-engineered and mixed by Don Gunn

Creative Consultant - Marc Connelly

Photography - Tim Coleman, Warren Berry

Art Direction - Kathy Adolphsen

### **-Introduction-**

*Welcome to the Modal Mojo Play-Along Series. This booklet describes each of the 28 major, minor and dominant 7th modal tracks on the accompanying CD. The tracks are also available for download from I-Tunes, Rhapsody, AmazonMP3 and many other on-line music services. The tracks use the highest-quality mp3 format and can be played on any computer, mp3 player and many newer CD and DVD players.*

*The music notation shown for each track is a sketch of the basic rhythm and includes the chordal harmony. The primary mode is the recommended scale for improvising over the modal grooves and was also the basis for each tracks rhythm guitar chords and fretless bass figures. The optional scales shown for each groove should also be explored and can work well in most instances.*

*We hope you enjoy practicing with the tracks and that your improvising skills and modal theory greatly improve.*

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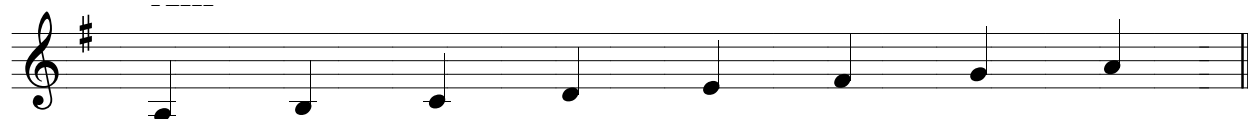
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# MINOR MODAL GROOVES

Track 1      Dorian      Am7      Length: 12:49      Tempo: 118      Bossa



Primary mode: A Dorian (G major scale)

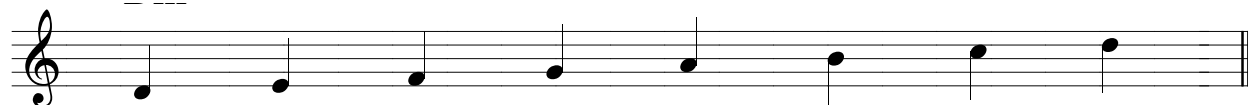


Optional scales: A, B, E minor pentatonics, A minor 6th pentatonics, A blues scale, A melodic minor

Track 2      Dorian      Dm7      Length: 6:30      Tempo: 110      Swing

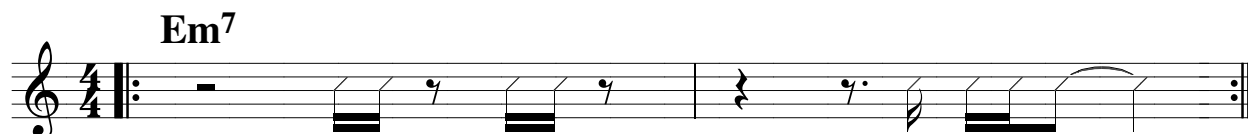


Primary mode: D Dorian (C major scale)



Optional scales: D, E, A minor pentatonics, D minor 6th pentatonic, D blues scale, D melodic minor

Track 3      Dorian      Em7      Length: 6:17      Tempo: 112      Rock/Funk

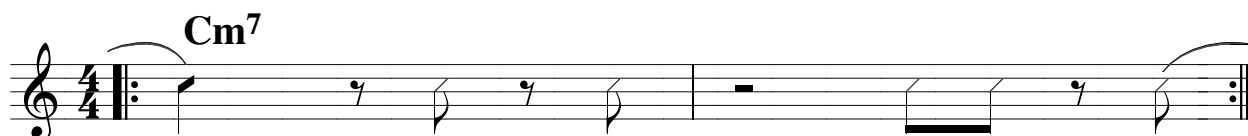


Primary mode: E Dorian (D major scale)

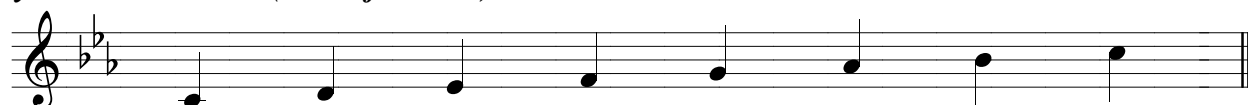


Optional scales: E, F#, B minor pentatonics, E minor 6th pentatonic, E blues scale, E melodic minor

Track 4      Aeolian      Cm7      Length: 8:47      Tempo: 101      Light Rock

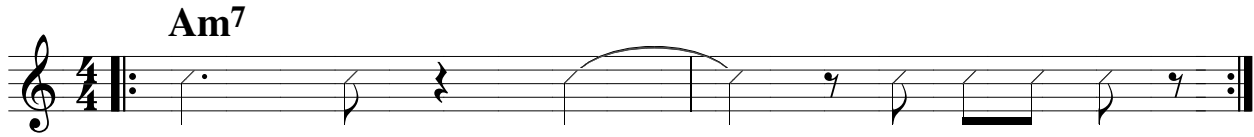


Primary mode: C Aeolian (Eb major scale)

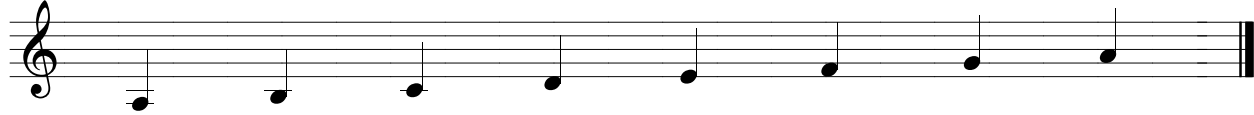


Optional scales: C blues, C and G minor pentatonics

Track 5	Aeolian	Am7	Length: 6:36	Tempo:128	Quasi Reggae
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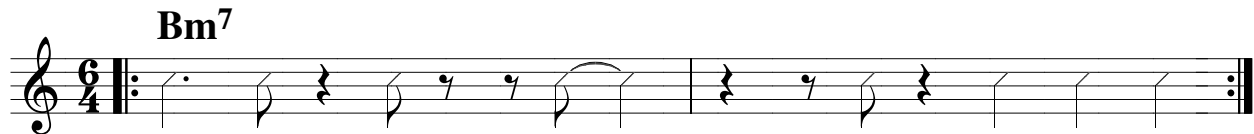


*Primary mode: A Aeolian (C major scale)*



*Optional scales: A blues, A and E minor pentatonics, A harmonic minor*

Track 6	Phrygian	Bm7	Length: 5:11	Tempo: 170	6/4 Rock
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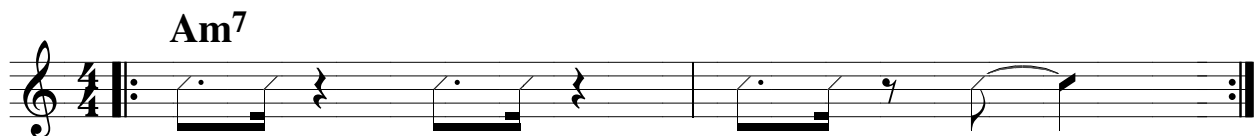


*Primary mode: B Phrygian (G major scale)*

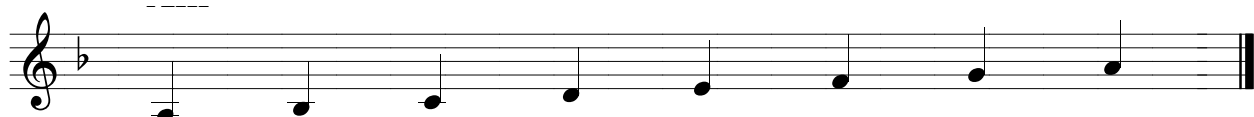


*Optional scales: B, A, E minor pentatonics, A minor 6th pentatonic, B blues, E harmonic minor*

Track 7	Phrygian	Am7	Length: 7:02	Tempo: 96	Funk
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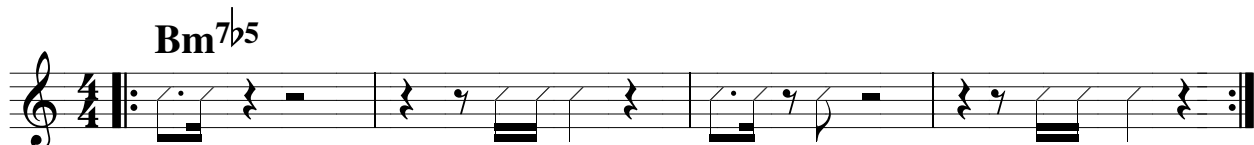


*Primary mode: A Phrygian (F major scale)*

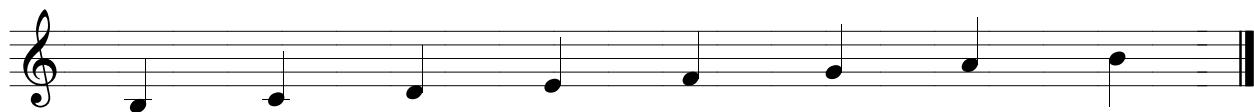


*Optional scales: A, G, D minor pentatonics, G minor 6th pentatonic, A blues, G melodic minor*

Track 8	Locrian	Bm7b5	Length: 7:38	Tempo: 112	Funk
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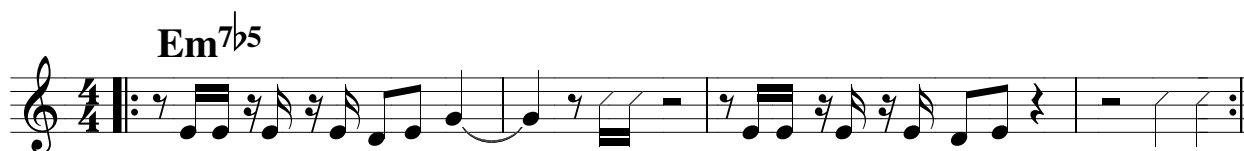
*Primary mode: B Locrian (C major scale)*



*Optional scales: E, D minor pentatonics, D minor 6th pentatonic, B blues, A harmonic minor, D melodic minor*



Track 9	Locrian	Em7 <sup>b</sup> 5	Length: 6:52	Tempo: 128	Rock
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Primary mode: E Locrian (F major scale)



Optional scales: A, G minor pentatonics, G minor 6th pentatonics, E blues, D harmonic minor, G melodic minor, F diminished

Track 10	Dominant 7 <sup>#</sup> 9	A7 <sup>#</sup> 9	Length: 9:54	Tempo: 98	Funk
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Primary mode: A blues scale



Optional scales: A minor pentatonic, A minor 6 pentatonic, A Dorian, Bb diminished

## MAJOR MODAL GROOVES

Track 1	Ionian	Dmaj7	Length: 5:32	Tempo: 105	R&B
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Primary mode: D Ionian (D major scale)



Optional scales: D and A major pentatonics, B and D blues scales

Track 2	Ionian	Bbmaj7	Length: 10:29	Tempo: 128	Light Rock/Funk
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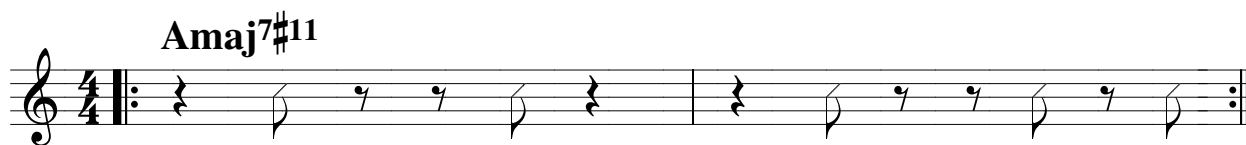


Primary mode: Bb Ionian (Bb major scale)

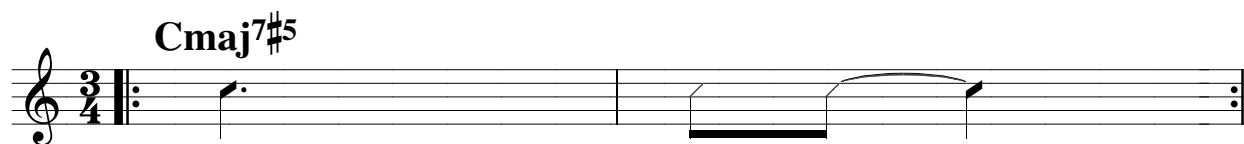


Optional scales: Bb and F major pentatonics, G and Bb blues scales

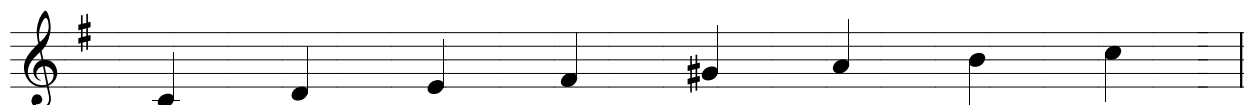
**Track 3      Lydian      Amaj7#11      Length: 5:55      Tempo: 166      Fast 8th**



Track 7    Lydian #5    Cmaj7#5    Length: 5:58    Tempo: 98    Medium 3/4 swing

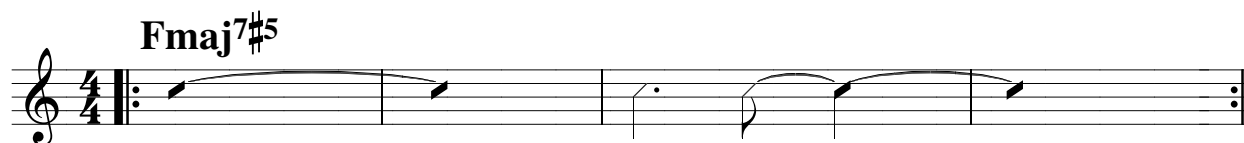


*Primary mode: C Lydian #5 (A melodic minor scale)*

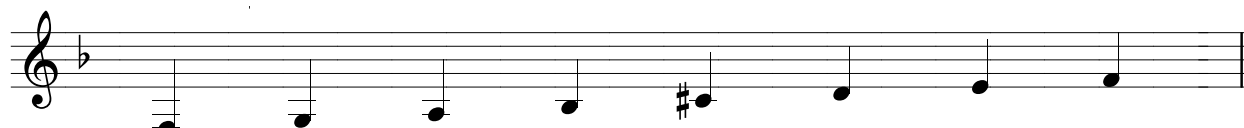


*Optional scales: B minor 6th pentatonic, B Dorian, A harmonic minor*

Track 8    Ionian #5    Fmaj#5    Length: 7:08    Tempo: 94    Modern swing



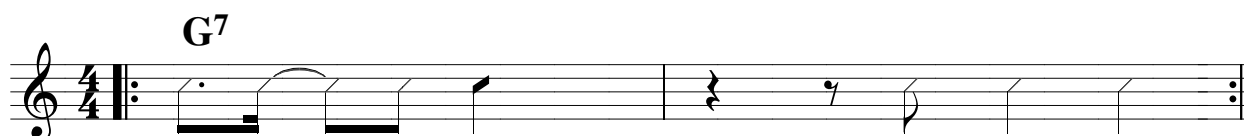
*Primary mode: F Ionian #5 (D harmonic minor scale)*



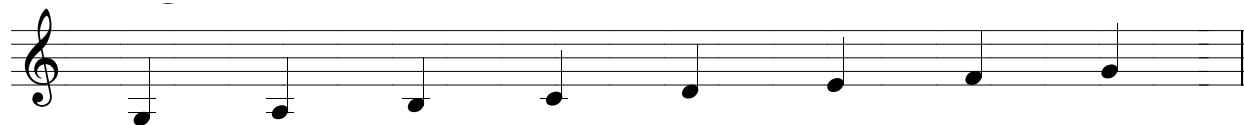
*Optional scales: F major, D melodic minor, G minor 6th pentatonic*

## DOMINANT MODAL GROOVES

Track 1    Mixolydian    G7    Length: 5:36    Tempo: 115    Latin/Rock

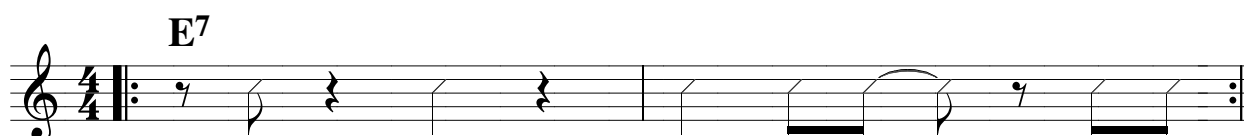


*Primary mode: G Mixolydian (C major scale)*



*Optional scales: E and D minor pentatonics, G blues scale, D minor 6th pentatonic*

Track 2    Mixolydian    E7    Length: 5:52    Tempo: 112    Medium shuffle



*Primary mode: E mixolydian (A major scale)*

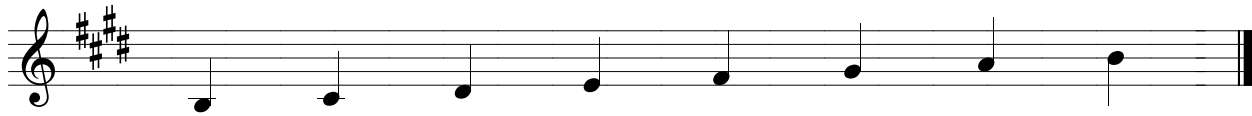


*Optional scales: C# and B minor pentatonics, E blues scale, B minor 6th pentatonic*

**Track 3    Mixolydian    B7    Length: 7:45    Tempo: 108    7/4 Medium Rock**

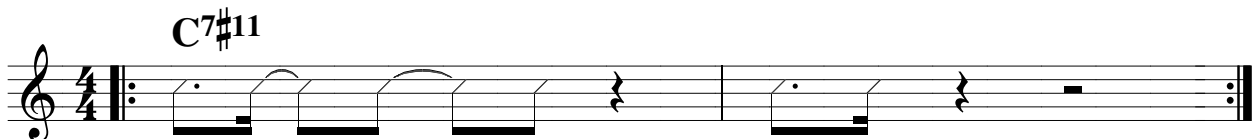


*Primary mode: B Mixolydian (E major scale)*

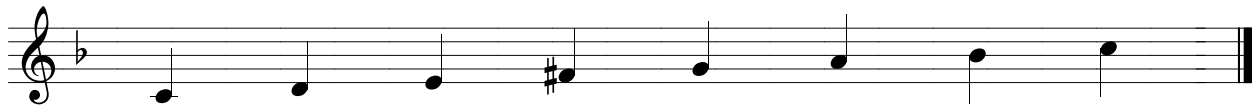


*Optional scales: G# and B minor pentatonics, B blues scale, F# minor 6th pentatonic*

**Track 4    Lydian/Dominant    C7#11    Length: 8:37    Tempo: 94    Medium Funk/Rock**

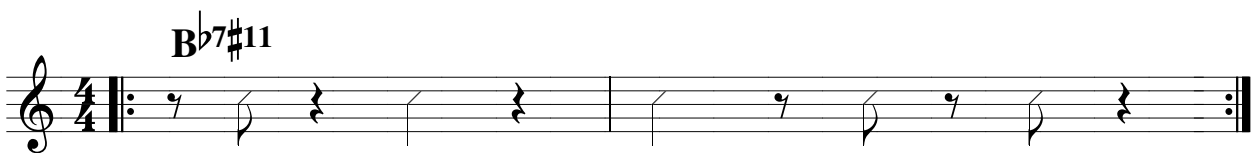


*Primary mode: C Lydian Dominant (G melodic minor)*



*Optional scales: C whole tone, G minor pentatonic, A minor 6th pentatonic*

**Track 5    Lydian/Dominant    Bb7#11    Length: 5:39    Tempo: 104    Swing**

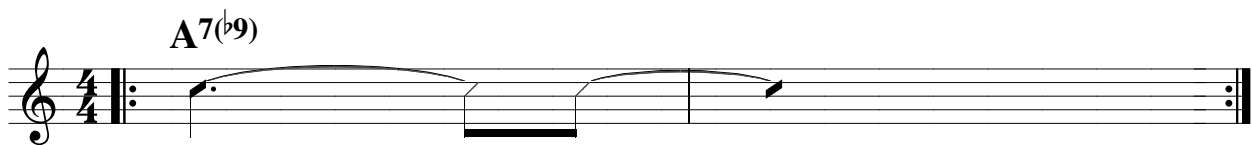


*Primary mode: Bb Lydian Dominant (F melodic minor)*

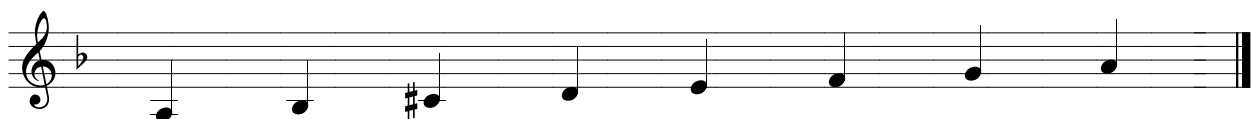


*Optional scales: Bb whole tone, F minor pentatonic, G minor 6th pentatonic*

**Track 6    Phrygian/Dominant    A7(b9)    Length: 6:47    Tempo: 110    Fusion**



*Primary mode: A Phrygian/Dominant (D harmonic minor)*



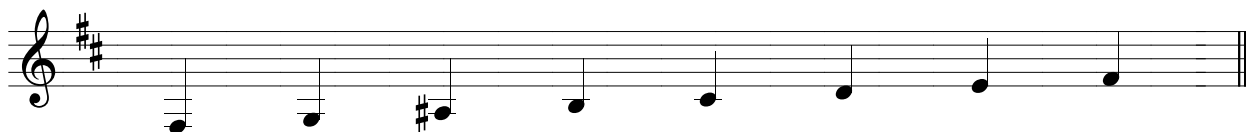
*Optional scales: A Phrygian, G minor pentatonic, G melodic minor*



Track 7	Phrygian/Dominant	F#7(b9)	Length: 5:48	Tempo: 117	Latin
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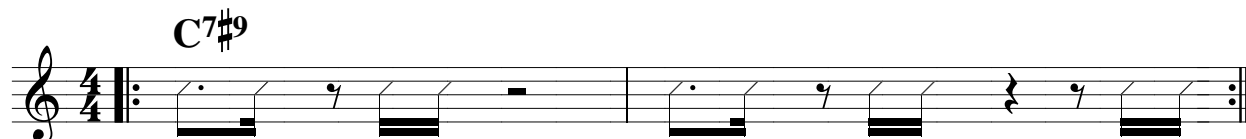


Primary mode: F# Phrygian/Dominant (B harmonic minor)



Optional scales: F# Phrygian, E minor pentatonic, E melodic minor, G melodic minor

Track 8	Dominant 7#9	C7#9	Length: 7:05	Tempo: 90	Funk
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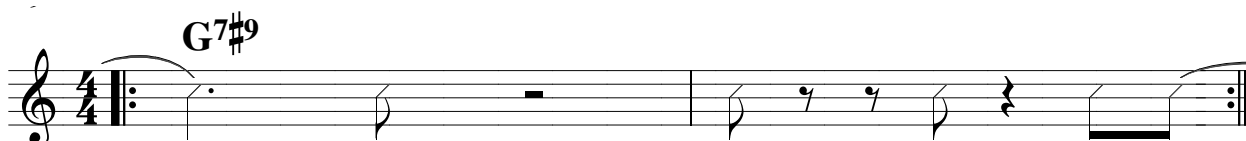


Primary mode: C blues scale



Optional scales: C minor pentatonic, C minor 6th pentatonic, C Dorian, Db diminished

Track 9	Dominant 7#9	G7#9	Length: 8:08	Tempo: 108	Shuffle
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Primary mode: G blues scale

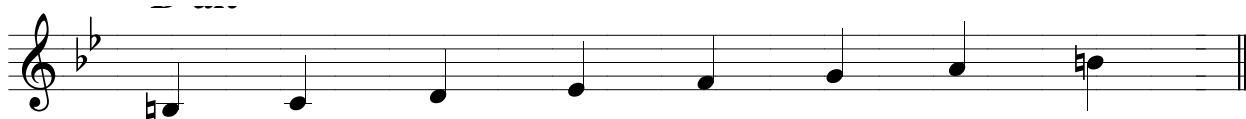


Optional scales: G minor pentatonic, G minor 6th pentatonic, G Dorian, Ab diminished

Track 10	Altered Dominant	B7	Length: 7:27	Tempo: 126	Funk/Rock
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Primary mode: B altered (B Super Locrian) (C melodic minor scale)



Optional scales: B blues, A and B minor pentatonics, C diminished, B Phrygian, A melodic minor

# - Modal Mojo -

## Modes Play-Along Grooves in Jazz, Rock and Fusion

### 28 Major, Minor & Dominant Modal Tracks

*Modal Mojo Grooves are 28 high-quality play-along practice tracks for contemporary musicians. The tracks are performed live by guitarist Don Mock, bassist Steve Kim and drummer Dave Coleman. The CD covers all the common and not-so-common grooves for Dominant 7th, Major and Minor modes. The tracks are creative real-world performances with dynamic and color changes which can inspire new ideas from the practicing musician. The trio performs the grooves using contemporary jazz, latin, fusion and rock feels in various tempos and keys.*

*Not only are the Modal Grooves a valuable resource for developing improvisational skills, but also a wealth of ideas for rhythm guitar, bass parts and drum patterns.*



Total Running Time: 3 hours 23 minutes

28 Tracks: 320 kbps MP3 Format

Also available on-line from I-Tunes, Rhapsody, Amazonmp3

Napster and many other music services

### More from the Modal Mojo Series:

## Modal Guitar Workshop

Modal Guitar Workshop by Don Mock is an in-depth companion lesson to the Modal Mojo Play-Along Tracks. With its 84 page book and over 4 1/2 hours of instruction, demonstrations and inspiring performances, this is truly one of the most complete studies of the modes available for modern guitarists of any level. Mock includes etudes and rhythm examples for each mode as he takes you step-by-step through all 28 modal grooves. He demonstrates the use of arpeggios, sequences, intervals, chromatics and optional scales to make your modal improvising more melodic and interesting. The book also features a special Resource Section which illustrates the best scale patterns for the modes and important modal chord substitution concepts.

*Don Mock is one of America's most respected guitar educators. As a founding instructor of GIT, he has written several popular books and videos and produced nearly 100 instructional products for REH, Alfred/Warner, Hal Leonard and Carl Fischer.*



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