

Resources for Developing Family Therapy Competence

The Core Competencies

One of the goals of IFTA is to provide resources to people and organizations whose goal is to advance the field of family therapy. The information contained herein are from the American Association of Marriage and Family Therapy (AAMFT) and the European Family Therapy Association (EFTA). These documents demonstrate some of the efforts that have been made to advance the field in their respective regions.

The AAMFT Marriage and Family Therapy (MFT) Core Competencies represent a concerted effort to establish the minimal requirements necessary for family therapists in the United States. The MFT Core Competencies contain 128 items organized around 6 domains (1) Admission to Treatment, 2) Clinical Assessment and Diagnosis, 3) Treatment Planning and Case Management, 4) Therapeutic Interventions, 5) Legal Issues, Ethics, and Standards, and 6) Research and Program Evaluation) and 5 sub-domains (Conceptual, Perceptual, Executive, Evaluate, and Professional).

The EFTA Core Competencies document the standards that will be used throughout Europe for providing training for family therapists. The documents contained herein describe the criteria for providing training in family therapy and for family therapy trainers. Please fill out and fax this form to +207-865-1213 or email it to Phoebe Prosky at: pprosky@suscom-maine.net.