

Applying Eye Drops

- Infection control procedures apply
- Wear suitable protective equipment, especially gloves
- Ensure absolute privacy and dignity for the client

- Check - is that the right drop for that person?
- Check - both eyes or just one, which one?
- Remove cap
- The person sits upright
- Tilt the head slightly back, make sure they are comfortable
- Using your thumb and forefinger, gently separate the eyelids
- Form a small pocket at the lower eyelid between eye and eyelid to catch the drop
- Gently drop the prescribed drop into the eye following manufacturer's instructions, catching it in the pocket mentioned above
- Make sure you do not touch any part of the eye with the drop container
- The person blinks gently so you can wipe away any excess drop with paper tissue
- If more than one drop has to be applied, follow the above sequence one drop at a time
- Replace the cap on the drop container
- They open their eyes
- If, at any time, the client is uncomfortable, stop before starting again

