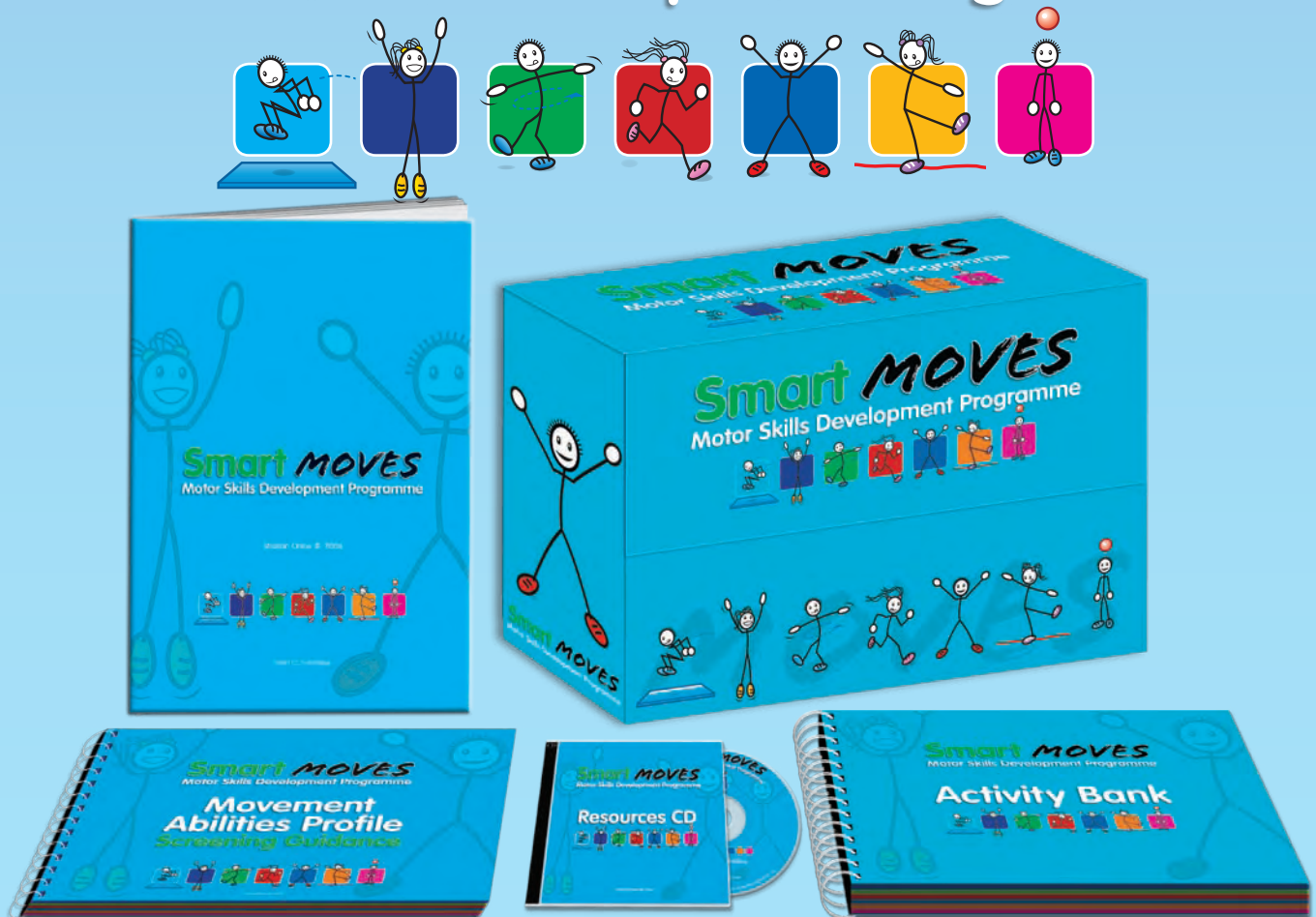


On average, at least two children in every class of thirty experience motor control difficulties resulting from Developmental Co-ordination Disorder*

To identify and support these children you need ...

Smart MOVES

Motor Skills Development Programme



A comprehensive support pack for teachers, Special Needs and PE Co-ordinators:

- Profile KS1 and KS2 children with motor co-ordination difficulties
- Design a simple, effective and tailored programme for each child
- More than 100 fun PE activities and games
- Links to the PE Curriculum and supports the PE Schemes of Work
- Fun, motivating and rewarding for the children involved

Movement Ability Profile (MAP)

Simple screening tools to help the non-specialist to profile children with co-ordination difficulties

Identifying children with co-ordination difficulties can be challenging. Whilst teacher observation in class is usually enough to raise concerns, they may not have the specialist skills, knowledge or dedicated contact time to make an accurate appraisal.

That's why the **Smart MOVES Programme** begins with the **Movement Ability Profile (MAP)**, a structured series of inclusive, easy to administer activities:

- Provides simple, structured, easy to administer activities for the non-specialist
- Considers each child's current level of ability and skill
- Identifies areas where intervention is required
- Supports three key areas of the PE Curriculum (gymnastics, games and dance)



Balance/Linking Actions (Gymnastic/Dance)

Balance/Linking Actions (Gymnastic/Dance)

Task: **STAND ON ONE LEG**

Instruction: Can you stand on one leg, keeping very still for as long as you can?

Notes: Opposite leg should be held clearly off the floor. Record the number of seconds position maintained without both feet touching floor. Test both legs.

Use physical demonstration or prompts to help child identify leg required, if necessary.

What you need
✓ Stop watch

Developmental Perspective
A child is able to stand on right and left leg for 8-10 seconds by 5 years

Things to consider whilst observing the child

- Stands without needing to wrap the leg around the supporting leg for stability
- Stands without trying to lean against a surface or without moving foot from start position
- Stands without waving arms around/Sways wildly to try to maintain balance
- Stands with relatively equal skill on each leg or one leg is extremely poor compared to the other
- Completes task without need for repeated verbal or physical prompts

Sharon Drew © 2006

The Movement Ability Profile (MAP) assesses skills in games, gymnastics and dance

information to indicate developmental acquisition of skills

Clear, simple instructions on what to look for in order to make an informed judgement on a child's ability

Smart MOVES Section 1: Gymnastics/Dance

Movement Ability Profile

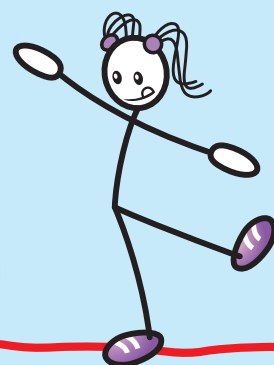
	Cannot Do		Can Do		Comments	
	Not Close	Almost	Just	Well		
Methods of Travel	1. Commando Crawl					
	2. Jumping 2 feet together					
	3. Walk along a line					
	4. Skipping					
Balance/Linking Action	1. Walk along a bench	R	R	R	R	
	2. Stand on one leg R/L	L	L	L	L	
	3. Lie on back and make body into a ball					
	4. Log Rolling					

Rating Scale: NC = Not Close = Child finds it impossible even with support
J = Just = Manage independently with some difficulty
A = Almost = Manage independently but with great difficulty
W = Well = No real difficulty

Sharon Drew © 2006 Smart MOVES Motor Skills Development Programme

Each screening activity is listed here

Jargon free criteria provide insight into support level needed

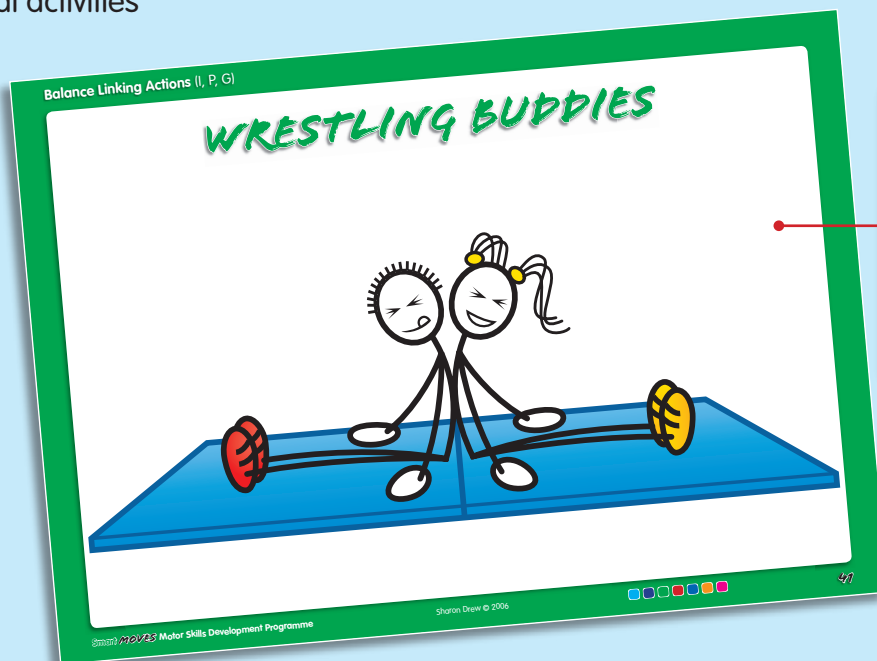
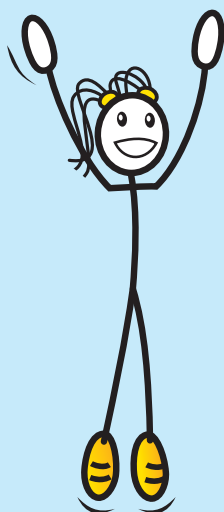


The Activity Bank

120 fun, motivating games and activities that address each of the skills and motor competencies identified

Children with co-ordination difficulties need variety, stimulation and encouragement. So the **Smart MOVES Programme** includes over a hundred fun, motivating games and activities so that you can easily match the right activity to each child.

- Can be used competently by SENCOs, PE Co-ordinators and Classroom Teachers alike
- No specialist knowledge or equipment required
- Linked to the PE curriculum and Schemes of Work
- Simple, colour co-ordinated activity cards make choice of game or activity easy for the non-specialist
- Can be used as whole class, small group or individual activities



Simple illustrations show children and teachers what is required of each activity

Each activity is introduced using simple, jargon-free vocabulary



All activities require only common, readily available equipment

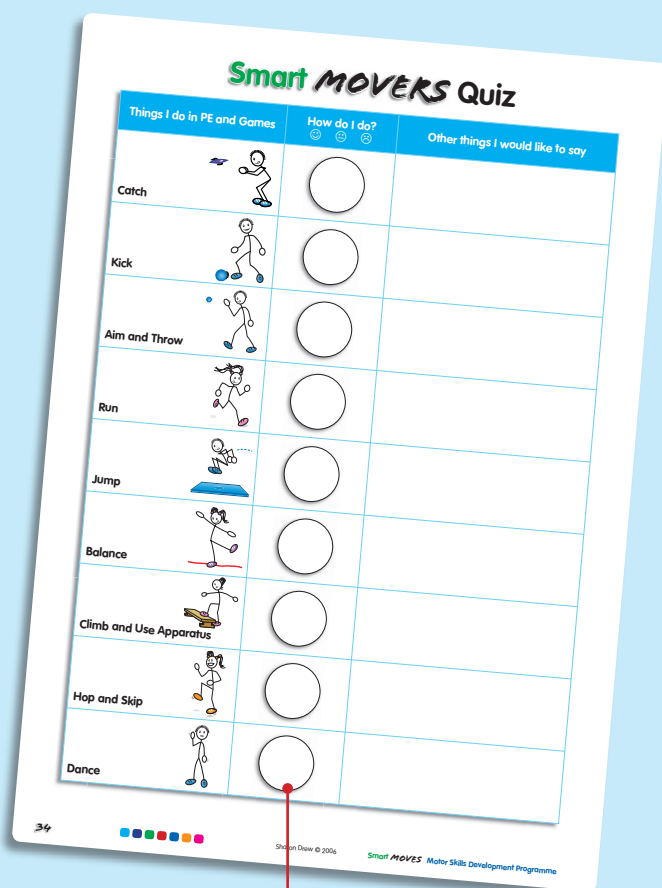
further ideas provided to extend the activity



Tools to involve and motivate children throughout the Smart Moves Programme

Smart MOVERS Quiz

The **Smart MOVERS Quiz** encourages and motivates children to participate in the Smart Moves programme. The quiz enables them to express their own opinions about the activities they believe they are good at, and the ones they would like to improve.



Smart MOVERS Quiz

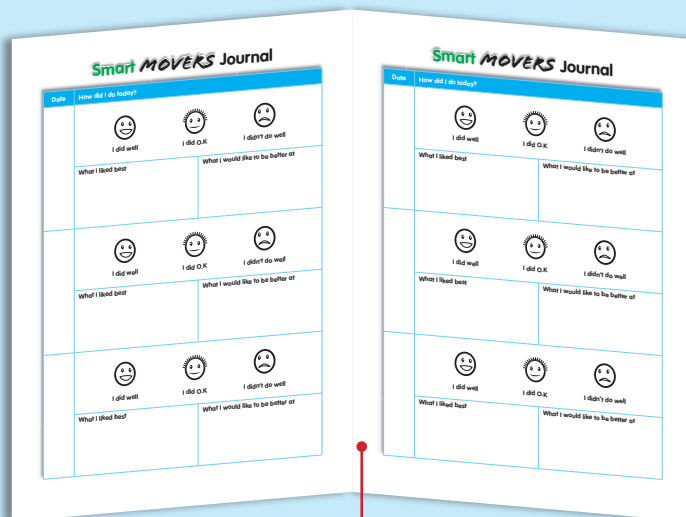
Things I do in PE and Games	How do I do?	Other things I would like to say
Catch	<input type="radio"/>	
Kick	<input type="radio"/>	
Aim and Throw	<input type="radio"/>	
Run	<input type="radio"/>	
Jump	<input type="radio"/>	
Balance	<input type="radio"/>	
Climb and Use Apparatus	<input type="radio"/>	
Hop and Skip	<input type="radio"/>	
Dance	<input type="radio"/>	

Sharon Davies © 2005. Smart MOVES Motor Skills Development Programme

Involve and include children by encouraging them to consider their own performance for a range of skills and activities

Smart MOVERS Journal

The **Smart MOVERS Journal** encourages children to set their own goals, evaluate their progress and consider some of the reasons for their success or difficulty.

The open pages of the Smart MOVERS Journal show a grid for recording progress. Each page has a header "Smart MOVERS Journal" and a sub-header "How did I do today?". The grid contains three rows, each with three columns for different activities. Each column has a smiley face icon and a space for a response. The activities are: "What I liked best", "What I would like to be better at", and "What I didn't do well".

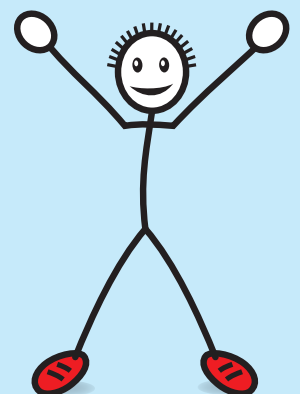
Encourage children to record and evaluate their own performance and achievement throughout the programme



The **Smart MOVES** Programme provides all the tools you need to monitor and evaluate the progress that each child makes. Using the same criteria and language as the **Movement Ability Profile**, both teacher and child can see for themselves the improvement in ability and confidence that the programme delivers.

The weekly achievement record uses the same criteria as the Movement Ability Profile to ensure consistency

**Personalised
achievement
certificates that
teachers can present
to recognise and
reward each child's
achievement**



Order Form



I would like to order the **Smart MOVES** Motor Skills Development Programme



Motor Skills Development Programme(s) @ £85.00 each =
including postage & packing (UK only)

I enclose my cheque for
(payable to Smart Consultancy and Coaching Ltd)

Please invoice me. My purchase order reference is

Please ask a representative to call me. My phone number is

Qty

Total

Your details

Name

Position

School/
organisation

Address

Post Code

Telephone

Send to: **Smart Moves • 37 Mill Street • Usk • Monmouthshire NP15 1AP**

Or Phone: **01291 673926**

Or Fax: **01291 673926**

Or Web: **www.Smartcc.co.uk**